BRONZE AWARD



ARTS

(A1

Cooking Challenge Create a one course meal for your family (A2)

(PS)

(A3)

Complete a painting and share your finished artwork

(A5)

Attend a College performance (A6)

Bake a loaf or make scones (A8)

(A9)

Attend a College trip or Art Workshop

(A11)

Complete a performance either on stage or as part of (A12)the tech team or orchestra

(A13)

Eco Challenge Build a bird feeder for your garden

(A14)

(PS)

Baking Challenge (A15) PS

PS

(PS)



P1

P7

(A10)

PHYSICAL

Strava Challenge Complete a 5K bike ride (P2)

(P3)

Learn to juggle with 3 balls P4)

(P5

Train with a local sports team P6

Take part in the Junior Park Run (P8)

P9

Walk 25 miles in one term. log your miles on an App like Strava (P10)

(P11)

Encourage a friend to join a sports team with you

Achieve Bronze in the (P13)

Attend an external fixture, e.g. Leicester Tigers

(P15)

Represent the College in a sports team of your choice in at least one match.

(P17)

Average 10,000 steps a day, for 7 days (P18)



CULTURE

Create an environmental poster to help raise (C2)awareness

(C3)

PS

Complete one task to help out at home each day for 7 days

(C5)

Enter an externally organised competition

(C7)

Complete unit 2 in a language of your choice (C8) in Dualingo

(C9)

Successfully look after a houseplant for 4 weeks

(C11)

Attend and help out in one College event (C12)

(C13)

Learn to play a new board or card game (C14)

(C15) PS

Take a selfie at a historic location, place of worship or geographical location

(C17)

Take on a chore at home and do it for a week ea: (C18) unload dishwasher

(C19)

Write a book review (C20)

(C21) PS

Create a 4 slide power point about your favourite musician or sports personality

(C23)

Attend the Christmas Carol Concert (C24)

(C25)

Average under 2 hours of screen time per day, for 7 days (C26)

(C27)

Learn about a different culture/ country and create a poster or powérpoint about what you have discovered